



Worried about your alcohol or drug use?

**We're here
to help**

Talk to someone you can trust. Anonymously.

It's difficult to reach out for help. We provide a safe and confidential space for people to talk about their concerns, receive information and explore options.

adis is available 24 hours, 7 days a week.

adis.health.qld.gov.au | 📞 1800 177 833
(free call)